

EXECUTIVE SUMMARY
Missouri Mental Health Commission Meeting
COMTREA, Inc., 21 Municipal Drive
Arnold, Missouri 63010
October 11, 2007

PRESENT

Ron Dittmore, Chair
Beth Viviano, Secretary
Phillip McClendon
Patricia Bolster, M.D.
Kathy Carter

STAFF

Keith Schafer, Department Director
Lynn Carter, Deputy Director
Mark Stringer, Division Director, ADA
Felix Vincenz, CEO, CPS
Jeff Grosvenor, MRDD
Brent McGinty, Administration
Jan Heckemeyer, DMH Administration
Monica Hoy, Assistant to the Director
Bob Bax, Director's Office
Pam Leyhe, Director's Office
Diane McFarland, DMH Transformation
Rikki Wright, General Counsel
Benton Goon, DMH Transformation Grant
Audrey Hancock, Director's Office
John Heskett, DMH Office of Children

GUESTS

Barb Keehn, ADA
Anita Contreras, MRDD
Jodi Stefanick, Governor's Office
Stephen Huss, CEO, COMTREA
Betty Seeley, COMTREA Board
Chuck Banks, Jefferson Co. Commissioner
Lisa Page, Circuit Judge
Gil Alderson, Chief Juvenile Officer
Heather Conrad, Children's Division
Ghada Sultani-Hoffman, COMTREA
Margo Pigg, COMTREA
Jan Freeman, COMTREA
Rob Fruend, Regional Health Commission
Bethany Johnson, Regional Health Comm.
Susan Pritchard-Green, MO Plng. Council
Rhonda Haake, ITSD
Danny Wedding, MIMH
Francie Broderick, Places for People
Kathy Meath, St. Louis ARC
Jackie Lukitsch, NAMI St. Louis
Peg Capo, DDRB
Ann Mattingly, BMS
Tim Swinfard, MO CCMHCs

TOPIC/ISSUE	DISCUSSION
CALL TO ORDER	Ron Dittmore, Chair, called the meeting of the Missouri Mental Health Commission to order at 8:30 a.m. on Thursday, October 11, 2007. The meeting was held at Community Treatment, Inc. (COMTREA), 21 Municipal Drive, Arnold, MO.
APPROVAL OF MINUTES	<p>Ron asked for a motion to approve the Minutes of the September 13, 2007 Mental Health Commission Meeting.</p> <ul style="list-style-type: none"> • Kathy Carter moved for corrected Minutes with the following revisions in regard to the ranking of the Department requests and OA Budget and Planning Recommendations for the FY2009 Operating Budget Decision Item: Stable Housing—Stable Communities. A portion of this item was restored by OA Budget and Planning, therefore, should remain in its original slot. This item will be moved up to be ranked at 024 and reposition other items accordingly. The September 13, 2007 Minutes will be revised to reflect this change. • Phillip McClendon seconded the motion and the Minutes were approved with changes.
OPEN DISCUSSION	<ul style="list-style-type: none"> • Keith Schafer noted that the agenda allowed for time at the end of the meeting for public comments. He also asked the Commission to consider the process of public comments at monthly meetings with regard to time allotted as an agenda item. This issue will be discussed further at the December Mental Health Commission meeting. • Kathy Carter stated that she was pleased to attend the Alternatives Conference in St. Louis on October 10 and to hear the very thoughtful and encouraging opening remarks by Keith Schafer, St. Louis Mayor Slay, and SAMHSA representatives. • Keith noted that Commissioner Patricia Bolster had the opportunity to visit Marshall Habilitation Center on Monday.
INTRODUCTIONS	<p>Ron Dittmore introduced Dr. Stephen Huss, CEO of Comtrea, Inc. and thanked him for his hospitality in hosting the Mental Health Commission. Dr. Huss recognized Betty Seeley, Corporate Chair and long-time member of the Comtrea Board of Directors, and introduced Comtrea staff. Dr. Huss presented an overview of Comtrea’s history and mission and explained the community interrelationships and “Ownership” of Comtrea. Dr. Huss introduced the following individuals who presented overviews of their roles and relationships with Comtrea.</p> <ul style="list-style-type: none"> • Chuck Banks, Presiding Commissioner, Jefferson County Commission – Comtrea was designated as the Community Mental Health Center for Jefferson County in 1981 and is still charged with providing: treatment for CPS & ADA; citizen education; emergency/crisis response; client accessibility; shelter for victims of domestic violence; stable funding sources for county; assistance to county government. The mill tax was passed in 1986; a sales tax in 2004. The JCCMHFB contracts with Comtrea for a system of care and safety net for county citizens. • Lisa Page, Circuit Judge, Jefferson County Court System – Comtrea works with the court system on cases of: <ul style="list-style-type: none"> ○ Forensic sexual abuse evaluation for children ○ Adult Drug Court

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	<ul style="list-style-type: none"> ○ Juvenile Drug Court ○ Family Drug Court ○ DWI Court ○ Mental Health Court (proposed) ○ Involuntary commitment ○ Athena Adult Treatment ○ Divorce Education ○ SATOP ○ Victim's Services (grant with Prosecutor) ○ Visitation and Exchange Center ● Gil Alderson, Jefferson County Chief Juvenile Officer – Comtrea works in collaboration with the Juvenile Office in: <ul style="list-style-type: none"> ○ Parent training/education ○ Juvenile Detention Center development and treatment ○ Athena Adolescent C-STAR ○ CPR, Jr. ○ Juvenile Drug Court ○ System of Care ○ Visitation and Exchange Center ● Heather Conrad, Program Supervisor, Jefferson County Children's Division – Comtrea works with the Children's Division on: <ul style="list-style-type: none"> ○ System of Care ○ Family Support Teams ○ Child Advocacy Center ○ Family Drug Court ○ Athena Adolescent C-STAR ○ CPR, Jr. ○ Jefferson County Visitation and Exchange Center ○ Parenting Classes ○ Domestic Violence Victim Assistance for counseling and education ○ Domestic Violence Emergency Shelter and Related Services ● Ghada Sultani-Hoffman, Comtrea Executive Vice-President, Children's Services – Ghada presented an overview of the work of Comtrea with the Jefferson County School Districts, highlighting the following: <ul style="list-style-type: none"> ○ School Superintendent representation on Comtrea Board ○ School Liaisons in – direct treatment with selected children; follow-up for/assistance to psychiatrists/GP's; link to Comtrea services; classroom education; parent education; crisis intervention.

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	<ul style="list-style-type: none"> ○ Jefferson College Counseling ○ Alcohol prevention grant with Fox School District ○ System of Care ○ Staff training/education ○ Crisis/response ● Stephen Huss, CEO, Comtrea, Inc. – presented an overview of the Athena Center for Substance Abuse. Operates on the assumption that substance abuse must be addressed from a physical, mental, emotional, and spiritual perspective. It is located in a rural setting 30 minutes south of St. Louis, on 18 acres, with both adult and adolescent campuses. ● Margo Pigg, Adult Counseling Services, Comtrea, Inc. – Comtrea has contracts with the divisions of CPS and ADA with the Department of Mental Health for counseling for individuals, couples, group therapy, family counseling, parenting groups, in-home/office-based case management. Some adult services: <ul style="list-style-type: none"> ○ Psycho-Social Rehab Services ○ Day Programming ○ Co-Occurring Disorder Treatment ○ Domestic Violence Shelter ○ Specialized Programs for Parents ● Ghada Sultani-Hoffman, Executive V-P, Children’s Services – Ghada shared some examples of specialized children’s services at Comtrea: <ul style="list-style-type: none"> ○ Athena Adolescent Program (C-STAR) ○ Professional counselors on site in every school district in Jefferson County and the College ○ Fox School District Collaborative Grant ○ Intensive in-home services ○ Individual group and family therapy ○ Parenting classes ○ Child psychiatry ○ CPR Jr./Targeted Case Management ○ Play Therapy ○ System of Care ○ Juvenile Drug Court ○ Gate-keeping and discharge planning for Hawthorn Children’s Psychiatric Hospital ○ Supervised Visitation and Exchange Program ● Jan Freeman, Community Services, Comtrea, Inc. – Comtrea serves the community in ways such as: <ul style="list-style-type: none"> ○ “Needs Assessment Days” are attended by over a hundred people each year to help the Board decide priorities ○ Comtrea’s Board members are all volunteers who care for the community

TOPIC/ISSUE	DISCUSSION
	<ul style="list-style-type: none"> ○ Comtrea is responsive—flood, disaster, violence, psychiatric crises—24/7 ○ Comtrea educates the public about mental health and substance abuse ○ Events in and for the community ● Rob Fruend, Regional Health Commission CEO – Rob explained the establishment of the Regional Health Commission. Formed in 2001, they are a 19 member network of individuals with responsibility and commitment to improve health in St. Louis. He gave an overview of the <i>Eastern Region Behavioral Health Initiative</i> and provided a report of the Project. ● Bethany Johnson, Regional Health Commission Planning Director – Bethany further explained the RHC role and accomplishments. ● Jodi Stefanick, Office of the Governor – Jodi presented an overview of the Governor’s new <i>Insure Missouri</i> health care initiative. It is part of the health care package that Governor Matt Blunt signed into law on July 2, 2007 and will offer health coverage to Missouri’s lower income, uninsured workers through approved insurance plans. It is to be implemented in a three-phase program: <ul style="list-style-type: none"> ○ Phase 1 – Working Families Under 100% of Poverty ○ Phase 2 – Working Families Up to 185% of Poverty ○ Phase 3 – Reinsurance for Small Business Employees <p>More information on Insure Missouri can be found at www.insuremissouri.org</p>
PUBLIC COMMENTS	<ul style="list-style-type: none"> ● Margaret Freeman representing the Missouri Planning Council on Developmental Disabilities read a statement expressing the desire of the MPCDD for clients to remain in the least restrictive environment and explained the MPCDD stance on their recent ad campaign. ● Margaret’s son, Chris Freeman, expressed his opinion on discrimination in the health care system and his desire to see changes made.
FUTURE MEETINGS	The November Commission Meeting will be held at a location in St. Joseph, Missouri.
ADJOURN	<p>The Mental Health Commission adjourned at 3:45 p.m.</p> <hr/> <p>Ron Dittmore, Chair</p>